

“I turned my Spirituality INTO A career”

From helping us overcome our darkest days, to giving us the strength, courage and confidence to pursue and manifest our dreams, our spirituality – whether the result of a long and difficult personal journey, or simply something we’ve inhabited since childhood – has the power to shape our destiny in a multitude of weird and wonderful ways, affecting everything from the relationships we have with others, to the choices we make in our daily lives. However, while many of us choose to honour our beliefs in the privacy of our homes and minds, there are some people who’ve translated their spiritual interests into careers. Read on to find out how three inspirational women did just that. Who knows, perhaps one day it could be you!

Ever considered turning your spiritual interests into a full-time job? If so, it might be easier than you think, as these three ladies prove only too well



Katie Phillips

KATIE PHILLIPS, AGED 37, DECIDED TO TRANSFORM HER PASSION FOR POSITIVE AFFIRMATIONS INTO ART, AFTER A SPIRITUAL JOURNEY COMPLETELY CHANGED HER OUTLOOK ON LIFE

Although I was originally born in Sydney, I moved to the UK when I was 26 and have spent the past 11 years working in event management and raising my four-year old son. In fact, it wasn't until about two years ago, when I split up with my partner, became a single mother and embarked on a life-altering personal journey, including a very eye-opening experience during the Hoffman Process, that my interest in spirituality really took off.

Doing Hoffman completely changed my outlook on life; I walked away from the course feeling more certain than ever of who I was, and developed a new-found confidence, both in myself and the universe, that I'd never previously experienced.

Daring and Mighty is merely my expression of that. Encouraging individuals to follow their dreams, rather than those others have enforced upon them, it urges people to be as daring and mighty as they wish, without allowing other people's expectations to rule them – something I've done on more than one occasion; in fact, the only reason I didn't pursue art any sooner was because my mum didn't deem it to be academic enough.

Featuring affirmations I've written on a range of colourful backdrops – all of which have been selected according to the chakras – each of my pieces is created entirely from the heart and seeks to help people find the courage and confidence to pursue their dreams.

Amazingly, I've never even needed a business plan; everything seems to have come together perfectly by itself and any time a difficulty has arisen, the universe has intervened at just the right moment – introducing me to the perfect people at the best possible times, for instance – and I feel deeply blessed for all the help, knowledge and experience I've acquired over the past few years.

Simply knowing my son is watching me follow my dreams and not conform to what others expect of me, but remain loyal to who I am and the things I believe, makes me incredibly proud, and although juggling motherhood with my part-time events job and running the business can be hard, remembering he's witnessing my happiness and seeing me do something I genuinely love makes it all worthwhile.

In today's world, having faith, both in yourself and the universe, is of utmost importance and it's vital for us all to remind ourselves as often as possible that everything in our lives is happening as it's supposed to; no accident, experience or mistake is without purpose, and there is always someone looking out for us, however alone or depressed we may feel.

Looking ahead, there are still many things I'd like to do; for one, I'd love to branch out into different areas – I've already started putting my designs onto homewares and stationery, and am hoping to create my own centre one day so I can help others live daring and mighty lives too.



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